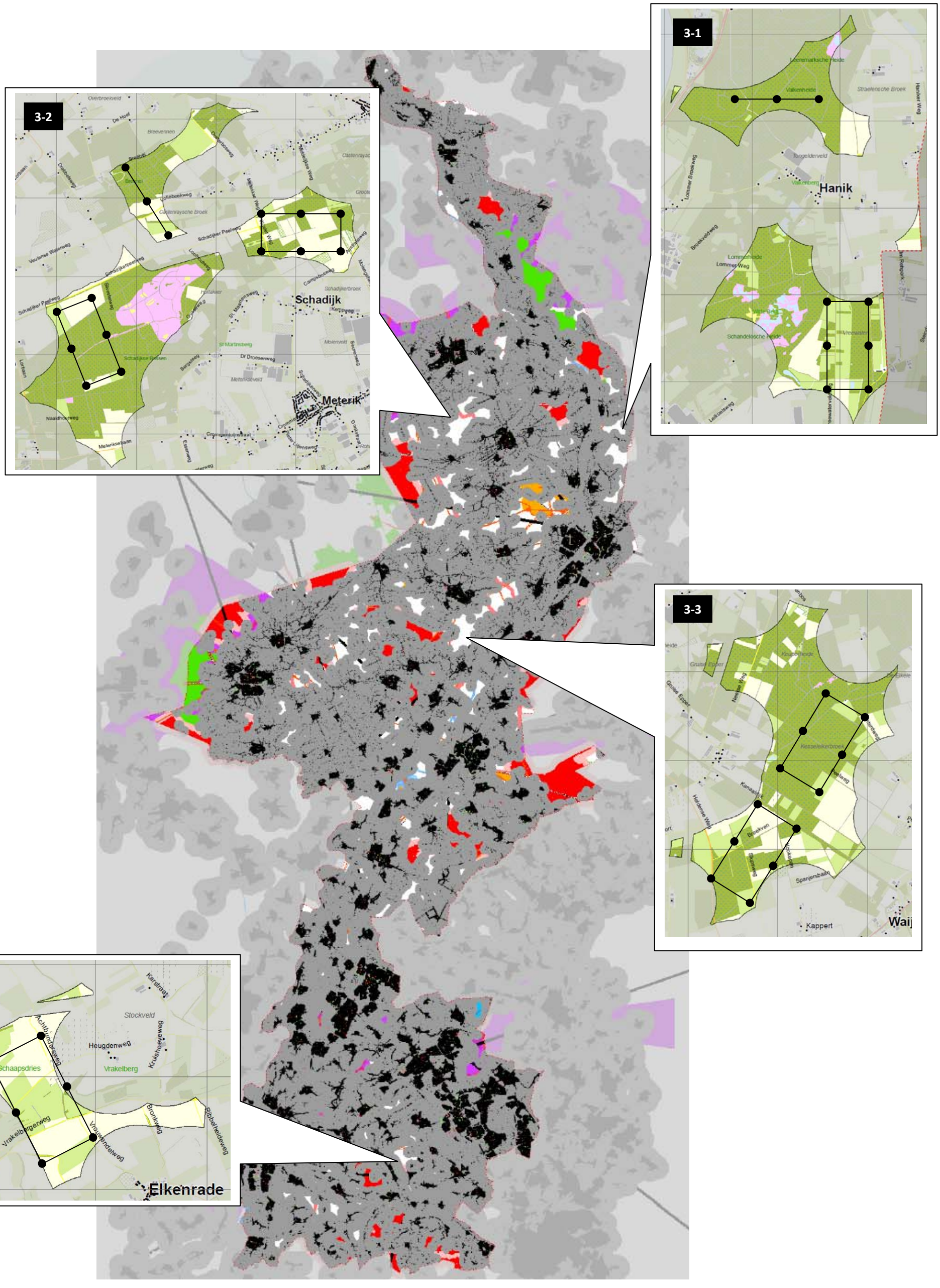Alternatief 3